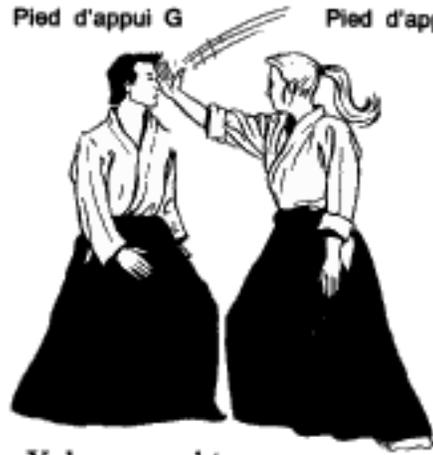


Pied d'appui D      Pied d'appui D



Shomen uchi

Pied d'appui G      Pied d'appui D



Yokomen uchi



Chudan tsuki



Jodan tsuki



Mae geri